

Program Eligibility

- Participants must be between the ages of 13-18 years of age
- Participants must have a primary diagnosis of an alcohol or substance abuse disorder.
- Participants must be able and willing to follow all program rule and guidelines.
- Participant must be able to engage in school and treatment activities.
- Participants families must be willing and able to participate in the family program.

Completion of the program is dependent on the participant's completion of school, therapeutic, and family activities.



The Scholze School

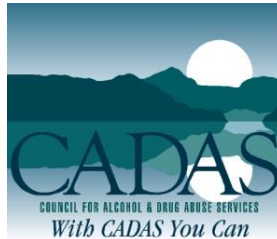
The Scholze Middle-High School is an accredited school through the State of Tennessee.

Participants receive instruction from a licensed teacher and credits received are transferrable to their home school, continuing to meet their educational goals while receiving treatment.

GED & HiSET preparation is also available.

Additional Program Information

- The Scholze Adolescent Treatment Center is a Co-Occurring Capable treatment facility. Our staff is trained and experienced in dealing with both substance abuse & mental health treatment. There are both certified addictions counselors & licensed professional counselors on staff.
- The program accepts most private insurance & TN Care with limited grant beds available.
- Participants can participate in either residential treatment or outpatient levels of care.
- Participants receive a safe & therapeutic group setting where information discussed is confidential.



Scholze Center for Adolescents

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The Joint Commission



Department of
Mental Health &
Substance Abuse Services



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CADAS

COUNCIL FOR ALCOHOL & DRUG ABUSE SERVICES

SCHOLZE CENTER
YOUTH SERVICES

Drug and alcohol use among adolescents is a growing epidemic, as are the behaviors that result from substance abuse.

What we do

The Scholze Center adolescent program provides substance abuse treatment utilizing a 12 step recovery process as well as other evidenced based treatment modalities that reflect best practice standards. Each participant receives both group & individual therapy, experiential therapy, as well as family therapy and education.



Our Philosophy

Our goal at the Scholze Center is to provide the most efficient and cost effective treatment possible based on each child's individual needs. Addiction is a powerful disease that requires the most current evidenced based interventions & strategies. Scholze Center staff is committed to providing the highest quality of services to families and their children in order to improve the quality of their lives and help move them toward success.



Our Program

The Scholze Center consist of two levels of care: **Our Residential level** of care geared toward adolescents who may be in immediate distress with limited recovery support; & **our outpatient level** of care for those who have gained some sobriety and some life skills that will allow them to function in recovery. During their stay, each participant will receive:

- Disease of Addiction Education & the 12 step process
- Trauma-informed activities & groups
- Anger management
- Healthy relationships
- Experiential activities including our ropes course & indoor climbing wall.

Family Involvement

Many studies have shown that family involvement in teen programs greatly influences he long term success and the quality of change from individual teens.

The Scholze Center incorporates individual family therapy as well as a "Family Day" component where the parents/guardians come to-gether with their children to gain deeper insight on substance use/abuse, gain support from other caregivers, and increase understanding of the recovery process.

What happens after treatment?

A large part of the treatment process involves discharge planning. Our staff will work with adolescents & their families to find proper step-down resources, 12 step groups, and aftercare services in their area so that the recovery process may continue once they return home. If participants are local, they may participate in the Scholze Center's aftercare services for one year at no cost.

Additional Adolescent Services at CADAS

Intensive Outpatient for Adolescents

Our Intensive Outpatient Program offers a 20 session substance abuse treatment group for youth, ages 12 to 18, who do not meet requirements for residential treatment.

In Home & Community-based Programs

These individual & family therapy sessions are held in home & within the community. Less intensive intervention for substance use issues or offenses & can be used in conjunction with other services.

The Prevention Program for Adolescents

Our Prevention Program offers substance abuse education to youth, ages 12 to 18 in both school and community settings. Youth are educated on:

- Commonly abused substances & consequences of use
- Refusal skills & building positive relationships & trust
- Healthy coping skills
- Goal setting & decision making