

## TRANSITIONAL LIVING

Transitional living programs provide clients with a place to call home in early recovery. These programs provide the tools and living skills to progress steadily toward self-sufficiency.

## FAMILY WAY

Family Way is comprised of 24 apartments that provide a supportive living environment for single pregnant women, single mothers, single fathers and their children (up to age 11). The average for program completion is around 12-18 months but may stay up to 2 yrs. Site supervision is maintained 24hrs per day.



## OASIS

A 38-bed dorm style setting designed to support newly sober men and women in strengthening recovery goals. Applicants must have completed a treatment program within the last 12 months and have at least 30 days of sobriety.

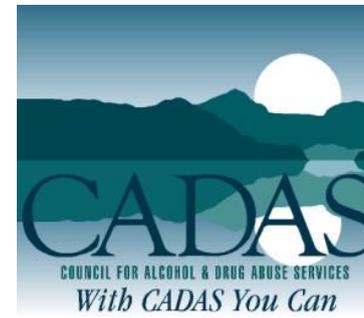


## SAMARITAN HOUSE

A 90-day peer-to-peer program based on the 12-step model of AA. This is a structured program designed to help males who failed in previous attempts to find sobriety through fellowship, education, and/or AA. The program includes job readiness and developing a balanced life style through recovery.

## CADAS SOBER LIVING PERMANENT HOUSING

Twenty-four single occupancy apartments for low-income individuals in early recovery. Apartments are fully furnished with utilities covered. Chattanooga Housing Authority will offer vouchers.



## CADAS Admissions

205 Minor Street  
Chattanooga TN 37405  
Phone: 423.756.7644  
Fax: 423.756.7646  
cadas.org

ACCREDITED BY:

The Joint  
Commission



FUNDED IN PART BY:

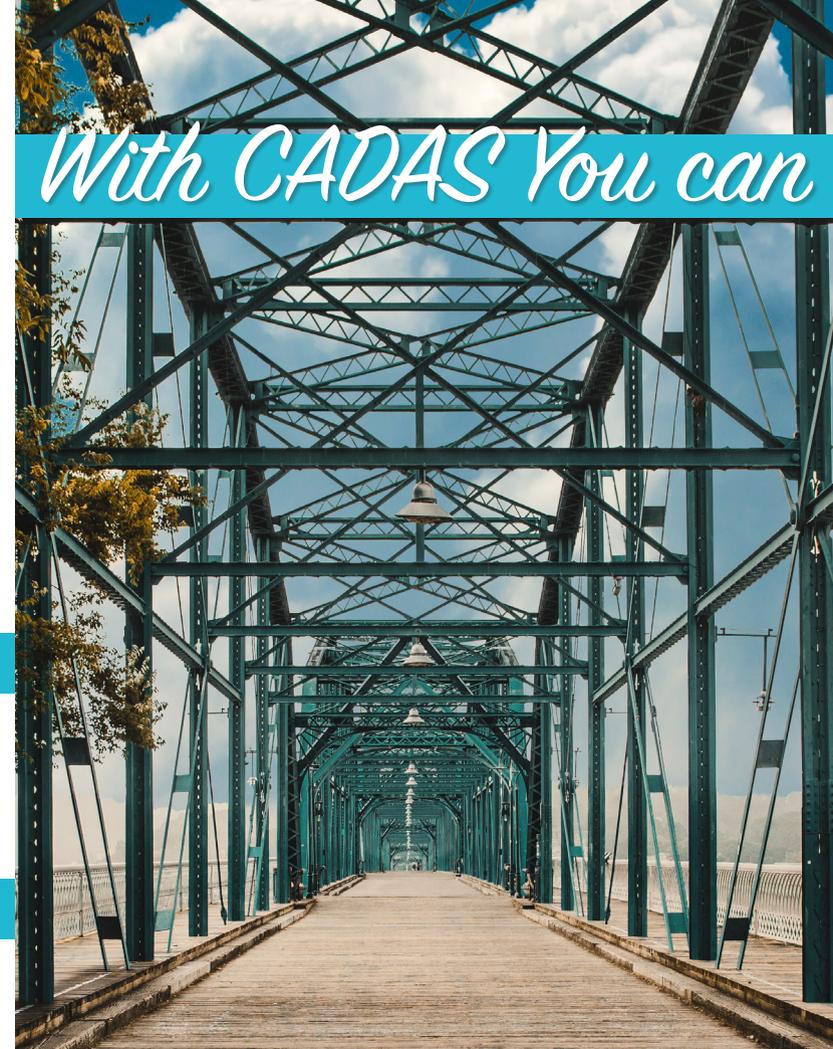


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# CADAS

COUNCIL FOR ALCOHOL & DRUG ABUSE SERVICES



## MEDICAL DETOX UNIT

This 24 bed Detox Unit is comprised of round the clock medical care for those needing detoxification in the early stage of recovery. The goal for these individuals is to ultimately create a solid bridge after detox to either Residential or Outpatient Services (IOP/MAT). Stays will vary between 5 and 12 days. A strong individual transition plan will be developed with the client to ensure every success possible in their road to recovery once through medical detox.

## ADULT RESIDENTIAL TREATMENT

The 56-bed residential treatment unit is a 24/7 setting that provides residential rehab services. There is also a day treatment program for clients to attend during the day and return to their home in the evening. During a client's stay, they will participate in activities, listed below and receive medical and psychiatric care as needed. It is the ideal environment, designed specifically for individuals who require round-the-clock care. Treatment can be transformation of body, mind and spirit.

- Individual Counseling
- Small Group Counseling
- Relapse Prevention
- Family Program and Visitation
- Gender Group Counseling
- Video Lectures Specific to Recovery
- Recreation

## ADULT INTENSIVE OUTPATIENT TREATMENT (IOP)

CADAS provides intensive morning and evening outpatient services that are designed to meet the needs of individuals who do not require a residential setting. Adults participating in these programs live at home and continue to work or go to school while receiving treatment. These programs are three to four sessions per week and the participant may choose either morning or evening sessions to accommodate their schedules. We also have a comprehensive outpatient program for those using stimulants or have had multiple treatment attempts called Matrix Intensive Outpatient. This program is an evidenced-based program meeting four days per week.



## THE SCHOLZE CENTER FOR YOUTH SERVICES



Since 1988, the Scholze Center has provided individualized substance abuse treatment services to boys and girls ages 13 to 18. In addition, we have an accredited on site school to address academic needs while in treatment.

## ADOLESCENT RESIDENTIAL TREATMENT

- 24/7 Care
- Evidenced-based Co-occurring Treatment
- Trauma-informed Care
- Accredited on Site School
- Life Skill Education
- Experiential Therapy
- Individual, Group, and Family Counseling
- Family Education
- Relapse Prevention

## ADOLESCENT INTENSIVE OUTPATIENT TREATMENT

- 3 days a week
- Evidenced-based Co-occurring Treatment
- Group and Family Counseling/Education
- Relapse Prevention

## COMMUNITY-BASED COUNSELING

- 16-18 Sessions
- Evidenced-based Co-occurring Treatment
- Individual and Family Counseling

## SCHOOL & COMMUNITY PREVENTION PROGRAM

The prevention program uses evidenced-based prevention approaches to work with youth ages 12 to 18 in both school & community settings. Youth are educated on:

- Commonly abused substances and consequences of use
- Refusal skills, building positive relationships, and trust
- Decision making

## ADDITIONAL SERVICES AT CADAS

### DRUG SCREENING

CADAS provides drug testing for many industries, courts and individuals in the area.

### OUTREACH INITIATIVES

CADAS offers qualified personnel to handle request for information or presentations concerning alcohol and drug treatment, drug free workplace, and any other questions concerning addictions.

### DUI EDUCATION COURSE

CADAS provides comprehensive educational courses for individuals convicted of driving under the influence, driving while intoxicated or underage possession of alcohol. The 12 hour accelerated class is offered twice a month.

