Additional Services

Seven Counties Peer Support Services

This program is led by individuals who are in long term recovery and help others achieve their own successes by sharing their lived experience.

Recovery Supportive Housing

Seven Counties program combines affordable housing and sober support services to help individuals and families use housing as a platform for recovery following homelessness, hospitalization or incarceration. We provide a wide variety of housing options with varying degrees of structure, support and accountability.

Project Link is a free program for pregnant women who are using alcohol and/or drugs. The program provides case management and peer support services that can help mother and baby connect with community resources, including finding OB/GYN care, transportation to doctor visits, housing assistance, mental health and addiction treatment services, Education on the use of alcohol and/or drugs, and assistance in obtaining baby items.

Child-Parent Psychotherapy (CPP) aims to support and strengthen the caregiver-child relationship through interaction and observation for trauma-exposed children ages 0-5.

Incredible Years is a training series for parents to increase parent-child connections and promote the child's overall well-being. Parents gain important skills for reducing difficult behaviors.

Our **Seven Counties Regional Prevention Center** offers a free two-hour class for women of all ages that covers how tobacco, alcohol and other drugs affect children during pregnancy and while breast-feeding. Pregnant attendees have the opportunity to win free baby items throughout the class and receive a gift card upon completion.

Appointments

Addiction Recovery Center: 502.583.3915

(We strive to accommodate same day appointments)

CRISIS OR AFTER HOURS CALL:
502-589-8070 • Fax: 502-813-4451

Addiction Services

600 South Preston St. • Louisville, KY 40202

502.583.3915 • sevencounties.org

Seven Counties Services

Addiction Services

www.sevencounties.org

With you the whole way.

SEVEN COUNTIES ADDICTION RECOVERY CENTER

Substance Use Disorders are a chronic illness that can destroy families, end careers and ultimately, ruin lives.

But there is effective treatment available. Seven Counties Addiction Recovery Center is an 80-bed inpatient and outpatient facility for adults specializing in the effective treatment of substance use disorders.

Since its inception in 1975, as Louisville's first specialty treatment center dedicated to the treatment of alcoholism and other drug addictions, we have served more than 300,000 people with substance use disorders.

COR-12™ Treatment Model

The Addiction Recovery Center believes in Recovery Oriented Medication Assisted Treatment (RO-MAT) to address the Opioid and Heroin Epidemic.

Recovery Oriented-MAT treats Heroin and Opioid use disorders with addiction medicine, in combination with counseling and behavioral therapies, case management, peer support, and linkage to the full continuum of community based supports like employment and housing.

Inpatient Programs

The Addiction Recovery Center's **inpatient programs** are designed for men and women that **may require a medical withdrawal management, medication assisted treatment** or a structured residential inpatient treatment program.

Treatment includes medical evaluation, medical detoxification or withdrawal management, medication assisted treatment, counseling, introduction to 12 Step recovery, education about the disease of addiction, coping skills, behavior changes needed to achieve recovery, and referral to additional treatment/support services. This is an individualized process and length of stay will vary based upon needs.

Women's Renaissance Center (WRC), located in Shelbyville, is designed to serve pregnant women suffering from substance use and/or co-occurring disorders. The WRC specializes in providing a structured therapeutic environment that encourages growth, healthy coping skills, parenting education and a safe environment that establishes recovery and allows for the delivery of a baby free from illicit substances. Mothers, baby and one child under 5 years old can live and recover together at WRC.

Addiction Recovery Center—Women's Residential offers a 30-45 day residential program designed specifically for women. The program uses an evidence-based COR-12 model (12-Steps with medication assisted treatment) and trauma-informed treatment in a safe, structured environment that provides a solid foundation for recovery.

Outpatient Programs

Seven Counties **Intensive Outpatient Programs** focus on recovery education, counseling, relapse prevention, how to use the 12-Step groups and continuing planning to support the process of recovery.

We provide assessment, counseling, medication assisted treatment (in some locations), education, family services, aftercare and peer support. Program length varies among clients.

Outpatient programs are designed for people who are experiencing problems with substance use and do not need the structure of a inpatient treatment episode. **An individual can obtain treatment while continuing to live at home and maintain employment.**

Please call 502.583.3951 for more information and to identify a program that best meets your needs.