

Adventure Program



Adolescent Substance & Mental Health Treatment

The **Adventure Program** is an intensive outpatient program that serves youth 13 to 18 years of age, who are seeking help with substance abuse and/or other behavioral health issues.

The focus of the program is to address the problems in the family, peer group, and school. It also utilizes resources to help youth stop using drugs and discover more appropriate alternatives to facing and coping with stress, while building better problem solving skills. Our goal is to help youth and their families lead healthier lives. Staff work with youth to establish positive recovery support from peers, family and community resources.



Adventure Program Services

The Adventure Program provides a structured setting with more intensive services for youth whose problems cannot be adequately managed in a typical outpatient setting. The program lasts at least 5 weeks but the length of stay depends on progress toward defined treatment goals.

Services include:

- Individual Therapy
- Group Therapy
- Family Therapy
- Therapeutic Recreation
- Leisure Counseling
- Social Skills Training
- Educational Service
- High School Equivalence Training
- Aftercare Planning
- Random Drug Screens

Admission and Referral

Referrals are made by any referral source, family, or client by calling **(423) 232-4326**. Third party payment, private insurance, and TennCare are accepted. Some grant funding by Tennessee Department of Mental Health and Substance Abuse Services is available for services not covered by other payer sources. An intake appointment will be scheduled upon receiving the referral information. Both the youth and parent/legal guardian should be present for the intake and should bring their insurance card, Social Security number and list of youth's medications. Transportation services are available to TennCare recipients.

Adventure Program

1003 North Broadway Street
Johnson City, Tennessee 37601

Phone: **(423) 232-4326**

Fax: **(423) 232-4255**

Monday - Wednesday • 8:30 am - 3:15 pm

Thursday - Friday • 8:30 am - 1:00 pm

Hours may vary and are subject to change

This division receives funding from the Tennessee Department of Mental Health and Substance Abuse Services.



Department of
**Mental Health &
Substance Abuse Services**