



## About AHS

Alliance Healthcare Services is a non-profit organization, located in Shelby County in Tennessee, devoted to providing quality behavioral healthcare. AHS formed in July 2013 with the merger of the Southeast Mental Health Center and Comprehensive Counseling Network. AHS is community-based and offers county-wide services to adults exhibiting serious and persistent mental illness, and children with a serious emotional disturbance. AHS has been a provider of mental health services for over 40 years and provides assistance by incorporating evidence-based practices in its service array. AHS is the largest provider of outpatient mental health services in Shelby County.

Each of AHS's outpatient clinics and its Crisis Assessment Center (CAC) are licensed by the Tennessee Department of Mental Health and Substance Abuse Services to provide outpatient mental health services and outpatient substance abuse services. AHS operates additional licensed Crisis Programs for adults, including a Mobile Crisis Unit, Crisis Stabilization Unit (CSU), Medically Monitored Crisis Detoxification Unit (MMCD), and Crisis Respite. In addition, AHS operates four apartment complexes, two independent congregate living homes, four licensed Support Living Facilities, and one licensed Supportive Residential Facility and has a subcontracting arrangement for three licensed Support Living Facilities and a licensed Supportive Residential Facility.

## Crisis Location

### Crisis Continuum

951 Court Avenue | Memphis, TN 38103



**AHS Crisis Hotline:  
901-577-9400**

**This project is funded by the Tennessee  
Department of Mental Health and  
Substance Abuse Services**

**TN Statewide Crisis Hotline  
1-855-CRISIS-1  
(1-855-274-7471)**

**National Suicide Prevention Hotline  
1-800-273-TALK  
(1-800-273-8255)**



## Crisis Continuum

**WITH YOU  
EVERY  
STEP OF  
THE WAY**

**HOPE | WELLNESS | RECOVERY**

[www.alliance-hs.org](http://www.alliance-hs.org)

## Crisis Assessment Center (CAC) and Mobile Crisis

### Who do we serve:

Individuals who are experiencing an emotional/behavioral health crisis

### Where do we serve:

At the CAC, local hospitals, physician offices, outpatient clinics, individual homes, and other community settings

### Program Description:

- Provide crisis de-escalation services
- Refer to the least restrictive appropriate level of care or interventions and resources, which will aid in stabilizing the individual
- Link the individual to the least restrictive level of care determined to be appropriate, including inpatient psychiatric hospital residential treatment resources, intensive outpatient treatment, case management, outpatient therapy (individual and/or family), and psychiatric evaluation/medications indicated/ by the needs of the individual

## Crisis Respite

### Who do we serve:

TN residents age 18 and older who are experiencing a mental health crisis and needing a brief period of rest and support out of their natural environment

### Program Description

Peer Specialists are available to provide support and companionship to individuals who may otherwise not be able to stay on their own during a mental health crisis

## Medically Monitored Detox

### Who do we serve:

TN residents age 18 and over who are uninsured or who have BlueCare or Amerigroup and are in crisis and intoxicated or experiencing the adverse effects of withdrawal from alcohol or other drugs

### Program Description:

- American Society of Addiction Medicine (ASAM) Level III-7-D medically monitored detoxification center
- Licensed, certified, or registered clinicians provide 24-hour care and treatment
- An interdisciplinary team provides medical services, individual and group therapies, withdrawal support, and referrals to appropriate outpatient follow-up services



## Crisis Stabilization Unit (CSU)

### Who do we serve:

TN residents age 18 and older who have TennCare or are uninsured and are experiencing an emotional/behavioral health crisis

### Program Description

- Provide medication evaluation and management
- Therapeutic and educational groups
- Individual therapy and/or family therapy
- The goal is to build on the individual's strengths and build skills to help cope with future stressors, avoid relapse, and promote recovery
- Individuals are counseled on the importance of taking their medication and keeping their scheduled follow-up appointments with a local community mental health provider
- Link the individual to the provider of their choice