



Integrated Care: A proven track record

When it comes to treating addiction to opioids and other substances, there's no single magic bullet. Rather, it takes a combination of tools to surround patients with care and keep them on the road to recovery.

Spero Health delivers outpatient care to treat patients close to home in their own environments so they can cope with life as they overcome addiction. We create an individualized treatment plan for each patient using a pioneering, proven, three-pronged approach:

NOW OPEN IN DICKSON

118 US-70 UNIT 2, DICKSON, TN 37055

615-560-7001



Spero Health's integrated care approach is based on the American Society of Addiction Medicine (ASAM) treatment guidelines, which have been proven most effective in treating the abuse of opioids and other substances.



Evidence-based Physician Services

Physician visit

Mental and physical health screenings

Individualized recovery plan

Medication-assisted treatment, which may include Suboxone® or Vivitrol, to ease the symptoms of withdrawal and craving for opioids



Counseling

Individual and/or group sessions

Provide safe places to talk and valuable support to help patients achieve lasting recovery



Recovery Support Services

Assistance in finding employment, housing, healthcare, child care, legal services, transportation and more

Wellness programs, such as smoking cessation, sleep, hygiene and nutrition

Education to help patients better understand their disorder and the steps toward a successful recovery