

“*SERENITY PRAYER*
God, grant me the serenity to accept
the things I cannot change; the courage to
change the things I can; and the
wisdom to know the difference.”

Our MISSION Serenity House seeks to promote self-awareness, self-expression, and recovery in a safe, drug free environment.

We strive to provide pregnant females who are struggling with behavioral health disorders, the skills necessary for recovery.

GOALS

- 1 Healthy drug free babies and mothers
- 2 Family reunification
- 3 Understanding of the disease of addiction
- 4 Recovery
- 5 Assessment of appropriate level of care based upon need

Providing quality behavioral health care that offers

Recovery & Hope

SERENITY HOUSE

www.mtcomp.org/serenity
2555 Blacklog Road | Inez, Kentucky 41224

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MOUNTAIN
COMPREHENSIVE CARE CENTER
www.mtcomp.org

24 Hour Helpline: 1-800-422-1060

MCCC provides services to all regardless of age, race, nationality, culture, lifestyle, educational level, physical condition, income level, linguistic differences and specialized/modified services may be offered to meet client needs.

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606-298-4872 | Inez, Kentucky

**Residential Substance Use Treatment
Serving Pregnant and Postpartum Women**



ABOUT Serenity House

Serenity House is a residential treatment facility for pregnant females who are currently using opiates and other substances. We provide a multidisciplinary approach to recovery that is designed to be long-term in order to provide a safe environment for expectant mothers. Additionally, 90 days of post-partum care is offered while mothers bond with their baby. Mothers are allowed to keep up to two toddlers under the age of three on site while in treatment at Serenity House. Residents must have full, legal custody of all children in their care.

TREATMENT includes:

- 1 Counseling
- 2 Trauma Informed Services
- 3 Drug Screening
- 4 Medication Assisted Treatment
- 5 Parenting
- 6 Peer Support
- 7 Anger Management
- 8 Case Management
- 9 Relapse Prevention
- 10 90 Days Post-partum Care

LIFE at Serenity House

Our accommodations were selected to create a homelike atmosphere, allowing comfort in a positive recovery environment.



Privacy

All rooms at Serenity House are private and secure.



Social Life

A common living area provides room for entertainment, creativity, and friendship.



Community

Our shared kitchen and dining space encourages a sense of community while promoting positive routines.



Safety

Cribs in each room provide a safe and comfortable sleeping space for your baby.



Family

Keeping toddlers on-site during your stay promotes continuity and healthy early development.

NAS

NEONATAL Abstinence Syndrome

NAS is a group of problems that occur in a newborn who was exposed to addictive illegal or prescription drugs while in the mother's womb. Medication Assisted Treatment (MAT) is a centerpiece of managing opioid dependency in pregnancy. It is best used as part of a comprehensive treatment program that includes obstetrics care, counseling, parenting and other wraparound services.

The time has come to treat Neonatal Abstinence Syndrome like the true national public health emergency it is. In addition to the acute withdrawal syndrome as a newborn, infants affected by NAS are at increased risk for SIDS, abusive head trauma, attention and behavioral problems at school age, and their own addictive behaviors as adults.

Serenity House will be a part of the treatment team that will provide a Person Centered Plan of Care.

