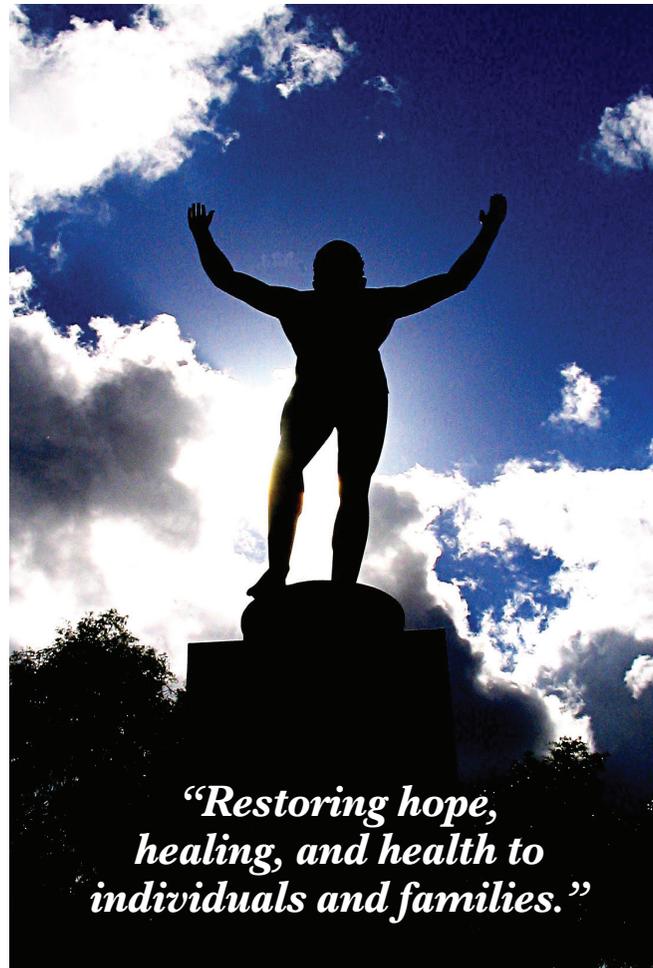


Primary Focus

This program's primary focus is to treat individuals who are suffering from opioid addiction, offering integrative programming to treat opioid use disorder. Based on The Hazelden Betty Ford Foundation's Comprehensive Opioid Response with the Twelve Steps (COR-12) Treatment Model, emphasis is on "the long-term commitment to recovery and encompasses family, support groups, accountability and the recovery community." While our program utilizes medical management as a tool to treat a chronic condition, the main focus is therapeutic treatment for opioid use disorder.



*"Restoring hope,
healing, and health to
individuals and families."*

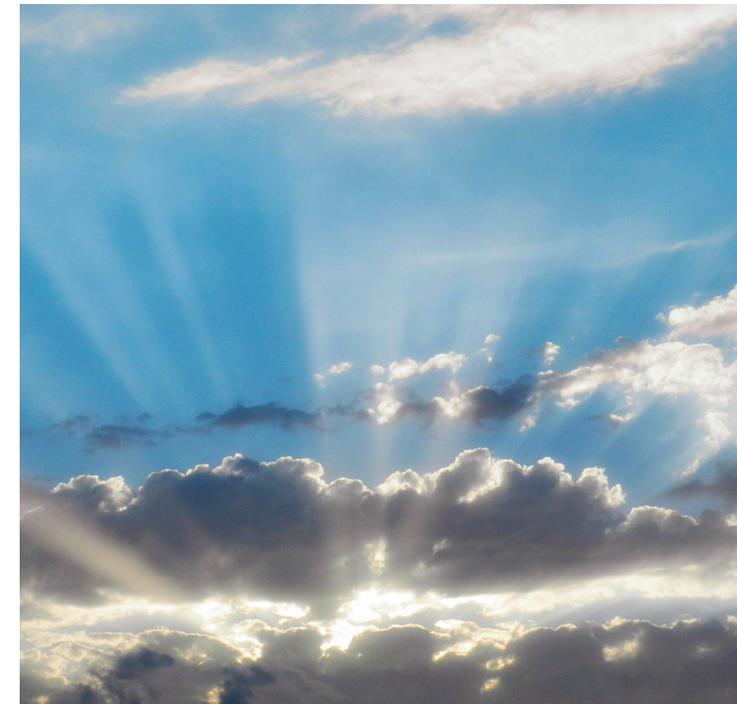
**LifeSkills Outpatient-Based
Opioid Treatment Program is
located at
1711 Ashley Circle, Suite #6
Bowling Green, KY 42104
Phone: 270-901-5000 Ext. 3177**

For more information, visit our website at:

www.lifeskills.com



LifeSkills, Inc.
PREMIUM HEALTHCARE SERVICES



**Outpatient-Based
Opioid Treatment
Program**

*"Greater Choice, Easy Access,
Proven Quality"*

Program Model

Our Outpatient-Based Opioid Treatment (OBOT) program is based on The Hazelden Betty Ford Foundation's Comprehensive Opioid Response with the Twelve Steps (COR-12) model. This model "employs evidence-based practices along with the wisdom and healing power of Twelve-Step recovery to help individuals with opioid use disorders achieve stable recovery."

Treatment Elements

Elements of OBOT include:

- Medical Opioid Withdrawal Management (if medically indicated)
- Comprehensive Assessment
- Education on Medications for Opioid Use Disorder and Different COR-12 Treatment Pathways
- Individualized Treatment Planning
- Individual, Educational and Group Therapy
- Family Engagement and Education
- Peer Support with Integration to 12- Step Recovery Community
- Case Management
- Medications for Opioid Use Disorder (based on most appropriate COR-12 pathway)
- Re-engagement and Relapse Prevention
- COR-12 Path to Lifelong Recovery

Outpatient-Based Opioid Treatment (OBOT)

For individuals seeking recovery from opioid use in an outpatient setting. A comprehensive approach is used to help clients begin and / or continue their new lives in recovery. When appropriate, recovery may be assisted by certain medications that support longer-term engagement in treatment. A substance use assessment is required to determine admission into our program. People who reside within LifeSkills' 10-County Service Region are referred to the center through Single Point of Entry (SPOE), inpatient, and outpatient services. Individuals may also be referred by other community agencies and partners.

