

Our time tested, evidence-based treatment model is designed to provide the best map through recovery.

Our Treatment Model

Phase 1: Telling Your Story

Our stories are important. The first step to healing is surrendering so that we can move forward. During this phase, participants will share their stories with the group and begin the 12-step process with a sponsor.

Phase 2: Integrating Family

Addiction affects the whole family. But given the right tools, family also provides support for long-term recovery. Participants will meet with a family therapist and work through Step 5 of the 12-step program.

Phase 3: Maintaining Recovery

Life in recovery is not always easy. We know there will be challenging times. As participants continue working through the 12-step program, they will develop a relapse prevention plan and identify how they can get involved in the recovery community.

Start the Healing Process

We work with most major insurance companies, including Medicaid. For more information, or to start the admissions process, here's how you can get in touch:

Visit Our Website

roaringbrookrecovery.com/admissions

Talk to Someone

1.866.678.8123

Send Us A Note

admissions@roaringbrookrecovery.com



Everyone is deserving



**ROARING
BROOK**

roaringbrookrecovery.com

We meet people where they are in their recovery. We build individualized, evidence-based treatment plans to give participants the tools to live fully, for life.

Our Approach

Recovery is not a destination. It is a way of living. Our evidence-based treatments provide a toolbox for recovery. With these tools, we build an individualized plan for every participant.

Although recovery is as unique as a fingerprint, it is a shared experience. Our center is a warm, welcoming space designed for fellowship. We believe that connection is the opposite of addiction. And together, we can get where we want to go.

Our Services

We are always learning. As our community grows, we continue to add new and innovative services for individuals and groups. Everyone's journey is different. We want to offer the best and most unique options for recovery and aftercare.

We Offer

Intensive Outpatient Treatment

Medication-Assisted Treatment

Individual Counselling

Group Counselling

Peer Recovery Support Services

Outpatient Behavioral
Health Services

Support Groups

Neurofeedback Therapy

Art and Music Therapy

Physical, Wellness,
Mindfulness Activities

Our Professionals

We Believe

Everyone is worthy.

There is always hope.

In our vulnerability, we find strength.

Everyone's journey is different, but together we heal.

You must surrender to win.