

# Addiction Services

at



Owensboro Health  
Twin Lakes Medical Center



**The road to recovery  
starts here.**



Owensboro  
Health

Addiction  
Services

270-230-0213

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## A Foundation for Recovery

The first phases of recovery from substance abuse are medical stabilization and withdrawal management.

Overcoming substance abuse requires medical stabilization and withdrawal management. Detoxifying the body is crucial, but withdrawal can be uncomfortable and risky without medical supervision. We're here to support and ensure your safety throughout your recovery.

Owensboro Health provides inpatient and outpatient recovery options within our facility in Leitchfield, Kentucky. Our teams at Owensboro Health collaborate to ensure seamless patient care as they move between these options.

If you or someone you know is ready to start the recovery journey, please call us. We are here and ready to assist whenever you are ready.





## **Inpatient Addiction Services**

### **Detox: Medical Stabilization**

At OHTLMC, we offer top-notch inpatient detoxification services to help you or your loved one overcome addiction to alcohol, opioids, or other addictive substances. Our team of dedicated professionals provides 24/7 medical supervision to ensure that detoxification is safe and comfortable for our patients. We understand that withdrawal symptoms and cravings can be challenging, which is why we utilize non-addictive medications, nutritional supplements, and fluids to support the recovery process. Pain management is always a top priority, and we use non-narcotic medications and proven therapies to keep patients as comfortable as possible. With an average stay of three to five days, our patients are typically stabilized within a week.

### **Maternal Opioid Medical Stabilization (MOMS)**

Expectant mothers struggling with opioid addiction can receive inpatient care through our MOMS program. Our medical professionals provide respectful and dignified care 24/7. Using medication-assisted treatment with buprenorphine, our trained providers can help manage opioid addiction and reduce newborns' risk of Neonatal Abstinence Syndrome. This treatment method has also been shown to lead to better birth outcomes and shorter treatment times.

Research has shown that pregnant individuals treated with buprenorphine have a lower risk of infants developing Neonatal Abstinence Syndrome than those not treated. The MOMS

program also offers benefits such as shorter treatment time and higher gestational age, weight, and head circumference at birth.

The typical length of stay in the MOMS program is two to seven days, followed by a personalized treatment plan that includes outpatient treatment and community support services to meet the needs of the mother and her unborn baby. We believe treatment can help manage addiction and give you the tools to regain control of your life.



## **Outpatient Addition Services**

### **Medication Assisted Treatment (MAT)**

Medication-assisted treatment (MAT) is a highly effective approach to treating substance use disorders, specifically opioid use disorders. Overall, combining medication with behavioral



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health interventions provides a comprehensive approach to addressing substance abuse disorders and improving patient outcomes. The effectiveness of MAT has been demonstrated time and time again through research studies and real-world data.

Owensboro Health Addiction Services uses FDA-approved medications, such as Subutex and Suboxone, to provide relief from withdrawal symptoms, reduce cravings, and help the patient refrain from future use. These medications restore balance to the areas of the brain affected by addiction, allowing the patient's brain to heal while working toward recovery.

### **Benefits of MAT**

- Decreased opioid use
- Decreased opioid-related criminal activity
- Decreased infectious-disease transmission
- Increased patient-survival rates
- Increased retention in treatment
- Improved birth outcomes in pregnant women who have substance-abuse disorders

Our staff can recommend community resources to provide further rehabilitation and support for behavioral health needs, which are strongly advised to prevent relapse of opioid use.

### **Hepatitis C Clinic**

Outpatient treatment for patients with Hepatitis C.

Hepatitis C is a viral infection that causes a multitude of health problems and can lead to permanent liver damage and cirrhosis. It is transmitted when contaminated blood comes into contact with the bloodstream of an uninfected person. People who inject drugs are at the highest risk of contracting the virus, and sharing needles is the single most significant

risk factor. People can pass Hepatitis C to their sexual partners, and mothers can pass it to their children during pregnancy or childbirth.

At Owensboro Health, treatment includes oral medications, with monthly appointments to review blood work and prescription refills. Approximately 95% of patients recover to normal after one course of treatment, and most insurance companies cover the entire cost of Hepatitis C treatment once during a person's life.

If you might have been exposed to Hepatitis C, schedule an appointment with your primary care provider to be tested.

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**“I felt my  
addiction was  
uncontrollable.**

But thanks to the medication  
and the staff of the MAT  
program, I have succeeded  
to feel good mentally and  
physically, as well as  
become confident that I can  
overcome my addiction and  
live a strong, healthy life.”

– Carla, MAT patient

**“I was living on the  
streets and had  
given up on life.**

I was scared of withdrawals,  
scared to get sober. It was just  
completely hopeless.

Now it feels really good  
because I was actually able to  
stay sober and have a healthy  
baby this time. It’s thanks to  
the MOMS program we got our  
lives back together.”

– Veronica, MOMS patient



## Addiction Services at



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910 Wallace Avenue  
Leitchfield, KY 42754



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