

FREQUENTLY ASKED QUESTIONS ABOUT MEDICATION-ASSISTED TREATMENT

WHAT IS METHADONE?

Methadone is a prescription medication that can help individuals who are addicted to heroin, prescription painkillers, or other opioids. Methadone is extremely effective at reducing or eliminating the physical cravings and other withdrawal symptoms that individuals would otherwise experience when they end their opioid use.

IS METHADONE MEDICALLY SAFE?

YES. More than 40 years of research and clinical studies have demonstrated the safety of short- and long-term methadone use when this medication is used as directed by a qualified physician as part of an approved medication-assisted treatment program.

IS METHADONE A SUBSTITUTION OF ONE DRUG FOR ANOTHER?

NO. Methadone is not simply a drug substitute. It is a prescription medication that can reduce or eliminate withdrawal symptoms and physiological cravings. Unlike prescription painkillers or heroin, methadone does not cause the disorienting high that results from recreational opioid abuse.

DOES METHADONE IMPAIR MENTAL FUNCTION?



Volunteer

Comprehensive Treatment Center
Opioid Use Disorder Program

Our Comprehensive Treatment Center provides medically supervised medication-assisted treatment, such as methadone, to individuals who are attempting to achieve recovery from addiction to or dependence upon heroin or other opioids.

Medication-assisted treatment can help recovering individuals remain free from cravings and other withdrawal symptoms that can negatively impact the rehabilitation and recovery process.

To be eligible for this type of treatment, prospective patients must be at least 18 years old and must have been addicted to or dependent upon opiates for a minimum of one year prior to seeking treatment.



UNDERSTANDING ADDICTION

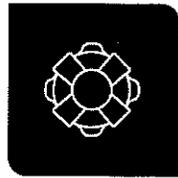
It is generally accepted that chemical dependency, along with associated mental health disorders, has become one of the most severe health and social problems facing the United States.* Each of us is born with a natural supply of endorphins—some are born with more, some are born with less. Each person maintains and utilizes these chemicals differently. Endorphins help us to feel good or bad, anxious or relaxed, by reducing pain and increasing pleasure. For healthy functioning, we need an adequate supply at all times.

Those individuals with fewer natural endorphins may find themselves drawn to chemicals. The continued use of these substances without appropriate medical supervision can lead to addiction. Chemical dependency is a brain disease in which the neurochemistry and receptor sites of the brain change, causing individuals to need drugs as much as they biologically need to eat and breathe.

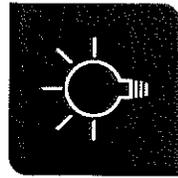
Scientists suspect that genetic predisposal plays a role in making certain people more susceptible to this disease. Chemical dependency can be compared to other chronic diseases like diabetes. It will not go away on its own and will only get worse without proper treatment.

* Source: Substance Abuse and Mental Health Services Administration (SAMHSA)

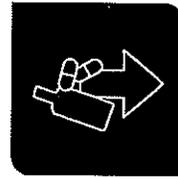
THE PATH TO SUCCESSFUL RECOVERY



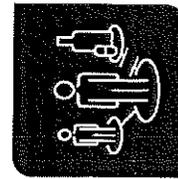
GETTING IMMEDIATE HELP



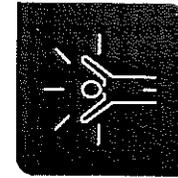
REALIZING DRUGS & ALCOHOL DON'T SOLVE PROBLEMS



MAKING SUBSTANTIAL SACRIFICES



GETTING PAST THE CAUSES OF DENIAL



HAVING HOPE FOR THE FUTURE

OUTPATIENT TREATMENT PROGRAMS

OUTPATIENT TREATMENT

We provide opioid addiction treatment at the outpatient level, offering you the flexibility to get the professional treatment you need while allowing you to continue going to work or attending school. When you seek treatment at our CTC, you benefit from certain prescription medications and counseling services that help you stop using opioids and achieve long-term recovery.

OFFICE-BASED OPIOID TREATMENT

Our office-based opioid treatment program provides personalized services in an office setting. While our medication-assisted treatment program requires daily visits to receive your medication, you can get a prescription through our office-based program that you can fill through your local pharmacy. Office-based treatment also includes counseling to help you achieve lasting recovery.

COUNSELING

Counseling helps you make the behavioral and lifestyle changes that will empower you to stay in recovery for years to come. You may take part in individual or group counseling, during which you can address the root causes of your opioid use and gain coping skills to help you prevent relapse. We offer a safe environment where you can discover a supportive recovery network.

MEDICATION-ASSISTED TREATMENT

Medication-assisted treatment, or MAT, involves taking prescription medications, such as methadone, to help you stop using opioids without experiencing withdrawal symptoms or cravings. These medications do not produce the same euphoric effects as opioids or limit your ability to function, so when you take them as directed, you can fully engage in counseling and progress toward lasting recovery.

METHADONE

Methadone is a prescription medication that reduces opioid cravings and withdrawal symptoms by blocking the effects of the drug. Like other prescription medications we use at our CTC, methadone does not produce the same euphoric effects as opioids. By taking methadone, you can start to function better in your daily life and truly focus on your recovery process.

BUPRENORPHINE

Buprenorphine is a prescription medication you can take as either a sublingual tablet or a film. Like methadone, buprenorphine activates the opioid receptors in the brain, reducing withdrawal symptoms and cravings so that you can actively participate in counseling. Our highly experienced team will determine if buprenorphine is the best fit for your unique needs.

(423) 265-3122

www.ctcprograms.com/volunteer