

BEHAVIORAL HEALTH SERVICES



INPATIENT BEHAVIORAL HEALTH AT BAPTIST HEALTH LA GRANGE

The Behavioral Health unit at Baptist Health La Grange features 11 all-private patient rooms and an outdoor courtyard, providing inpatient psychiatric treatment in a safe and structured environment. The unit provides care for adults ages 18 and older who require hospitalization for behavioral health needs.

At Baptist Health La Grange, we use an interdisciplinary team approach to treatment to provide care for patients and their families. Our team includes psychiatrists, registered nurses, licensed practical nurses, licensed clinical counselors, master's-degree-level therapists and social workers, recreational therapists, and mental health technicians.

Treatment includes:

- Psychiatric evaluation and daily management.
- 24-hour nursing care.
- Individual and group therapy.
- Individualized treatment and aftercare planning.
- Individualized education and family counseling.
- Therapeutic recreational group and activities.
- Access to individualized support services and resources.

OUTPATIENT BEHAVIORAL HEALTH SUPPORT

In addition to the inpatient unit, Baptist Health offers outpatient behavioral health services at 1006 New Moody Lane, Suite 201, in La Grange.

Baptist Health Medical Group Behavioral Health identifies and manages mental and behavioral health concerns, including depression, anxiety, ADHD, autism spectrum disorder and bipolar disorder in patients ages 6 and older.

ACCESSING BEHAVIORAL HEALTH SERVICES

The following are ways patients can access behavioral health services:

- Patients experiencing a crisis or seeking emergency behavioral health services should call 988 or go to the nearest emergency department.
- Admission to the inpatient unit is based on assessment. Patients can be referred by emergency departments or a direct referral from another facility by calling 502.225.5630. Patients can also be referred from outpatient clinics after being medically cleared by the emergency department.
- To schedule an appointment at the outpatient clinic, call 502.222.6730. No referral is needed.

