



**Park
Center**
A Community of Hope and Support

Substance Use Recovery

Park Center offers person-centered, evidence-based outpatient services for adults living with both mental health and substance use disorders.

Our certified program helps individuals work toward stability, wellness, and long-term recovery.



Programs Available:

Intensive Outpatient Program (IOP)

A 10-week structured program that includes counseling, educational workshops, and experiential activities.

Schedule Options:

- Mon–Fri, 9:00 AM–12:00 PM (Hillsboro Village)
- Mon/Wed/Thu, 4:00 PM–7:00 PM (Samaritan Recovery, East Nashville)

Outpatient Program (OP)

Flexible support with the same services as IOP—customized to fit transitional needs and scheduling.

Alumni Aftercare

Program graduates can join alumni support groups and monthly speaker events to stay connected and inspired.

Our Core Values

Be agents of hope * Show radical compassion * Respect differences

Personalized, Respectful Care

- Harm reduction approach
- Hazelden curriculum
- Interactive Journaling
- Trauma-informed care



Substance Use Recovery Eligibility Criteria

- For adults with a mental health diagnosis and current or recent substance use
- Priority admission is given to people who are pregnant and those using substances through intravenous (IV) injection
- Not appropriate for persons with intellectual disabilities
- Insurance Requirements:
 - We accept all forms of **TennCare**
 - We can serve those who are **uninsured** or **underinsured** and have **low income** (meet the 138% federal poverty guidelines as set by the US Department of Health and Human Services) as a grantee of the Tennessee Department of Mental Health and Substance Abuse Services (TDMHS)

Making a Referral is Easy!

- Visit our website at www.parkcenternashville.org
- Call our Intake Department at **629-253-2659**
- **Walk-in** at 948 Woodland St.
Walk-ins accepted Monday-Friday 8:30am-3pm

About Us

Park Center offers pathways to independence for people facing mental health and substance use issues to reclaim hope, live, and work in their communities.

To learn more about Park Center's additional programs, visit
www.parkcenternashville.org