

A photograph showing a close-up of two people's hands being held together. One person is wearing a light blue button-down shirt, and the other is wearing a white button-down shirt. A blue geometric graphic, consisting of a large triangle and a vertical bar, is overlaid on the image. The text "the morton center" is written in white lowercase letters on the blue background.

the
morton
center

Restoring self,
preserving family.

The Morton
Center provides
help and support
to individuals and
loved ones in breaking
the cycle of substance use.



Get help now. Rediscover the joys and wonders of life.

About Us

The Morton Center is an intensive outpatient drug and alcohol rehabilitation center in Louisville, KY. We believe that effective treatment involves treating the person as a whole — not just their addiction. To do so, our professional staff of therapists and counselors provide evidence-based treatment that helps improve mental health and overall wellbeing.

Our addiction specialists prepare individualized treatment plans to address each client's unique needs using a combination of medical care, therapy and holistic strategies.

Substance Addiction

The good news is that no matter how severe the problem may seem, most people will benefit from treatment in The Morton Center's substance abuse programs.

Substance abuse counseling is a difficult step to take on your own, and can be an isolating and humbling experience. Ultimately, there is no one-size-fits-all solution, and what may work for one person may not be a good fit for someone else. Understanding the different options for drug and alcohol rehabilitation can be an important first step.

Help You Can Get Now

- Drug and Alcohol Withdrawal Treatments
- Treatment for Substance Use Disorders
- Long-Term Care for Adults, Adolescents, and Families
- Ongoing Recovery Support

Insurance Accepted

If your insurance is not listed, we may be able to obtain approval for your care.

Please call our Resource Center at 502.456.1025 or (888) 421.4321.



Aetna Better Health® of Kentucky



Treating individuals and families affected by substance abuse disorders **for 37 years.**

More Than Treatment

We believe that addiction can't be separated from the person. So, we treat the whole person, not just their addiction. Our professional staff considers the individual's social, mental, emotional, spiritual and physical well-being.

The Morton Center supports a **12-step model** of recovery and uses evidence-based practices to treat individuals, couples and families.

the
morton
center



Adult Services (Ages 18+)

IOP – Intensive Outpatient Program

For chemically dependent adults, this program provides an alternative to inpatient treatment.

Intensive treatment is accompanied by group, expressive, family, individual therapy, and education, with decreasing intensity. This approach helps the adult transition from treatment into sustained recovery—billable through most insurance.

Adult Evaluation Program

For adults questioning their use of alcohol or other drugs, this educational program provides information needed to honestly and realistically evaluate one's use of substances.

Adult Chemical Dependency Recovery Group

For adults who have completed an Intensive Outpatient Program, a Residential Treatment Program, or have sustained recovery, this program provides a structured support group for ongoing recovery issues. Billable through most insurance.

Individual Sessions with Therapist

Currently, services can be provided by telehealth or in-person where one can receive compassionate, individualized treatment for substance use disorders.

Adolescent Services (Ages 12-18)

Intensive Outpatient Program

For chemically dependent adolescents, this program provides an alternative to inpatient treatment. Intensive treatment is accompanied by group, expressive, family, individual therapy, and education, with decreasing intensity. This approach helps the adolescent to make the transition from treatment into recovery. Family participation in this program is strongly recommended—Billable through most insurance.

Individual Sessions with Therapist

Currently, services can be provided by telehealth or in-person where one can receive compassionate, individualized treatment for substance use disorders.

Children's Services

(Ages 12 and younger)

The Morton Center is the only outpatient treatment program in Kentucky focusing on the whole family, including children. Expressive/art therapy has been used for years as part of our integrated program of treatment. Our therapists have helped hundreds of children deal with addiction in their families.

Children's Education and Therapy Services

For children who have been affected by chemically dependent family members, this program uses sand tray, play, and art therapy to help the children name feelings, separate themselves from the problem, and develop language to describe their family issues.

Individual Sessions with Therapist

Currently, services can be provided by telehealth or in-person where one can receive compassionate and individualized support.

Family Services

The Morton Center embraces the knowledge that one's probability of success in recovery is greatly increased by family participation in the recovery process. We also recognize that families often benefit from therapy focused on the needs and behaviors of its non-substance abusing members.

Concerned Persons Education Program

For adults who have been affected by another person's abuse of substances, this series of classes provides the educational component of our adult codependency services. No registration needed and no cost thanks to our wonderful donors.

Individual Sessions with Therapist

Currently, services can be provided by telehealth or in-person where one can receive compassionate and individualized support.



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It really is no overstatement in saying that The Morton Center gave me my life back. Through its intensive education and one-on-one counselors, my family and I were able to understand and cope with my disease. I continue to attend regular meetings and Alumni Night at The Morton Center to give back to the place that gave me back my identity - and my family.

-Luke K.

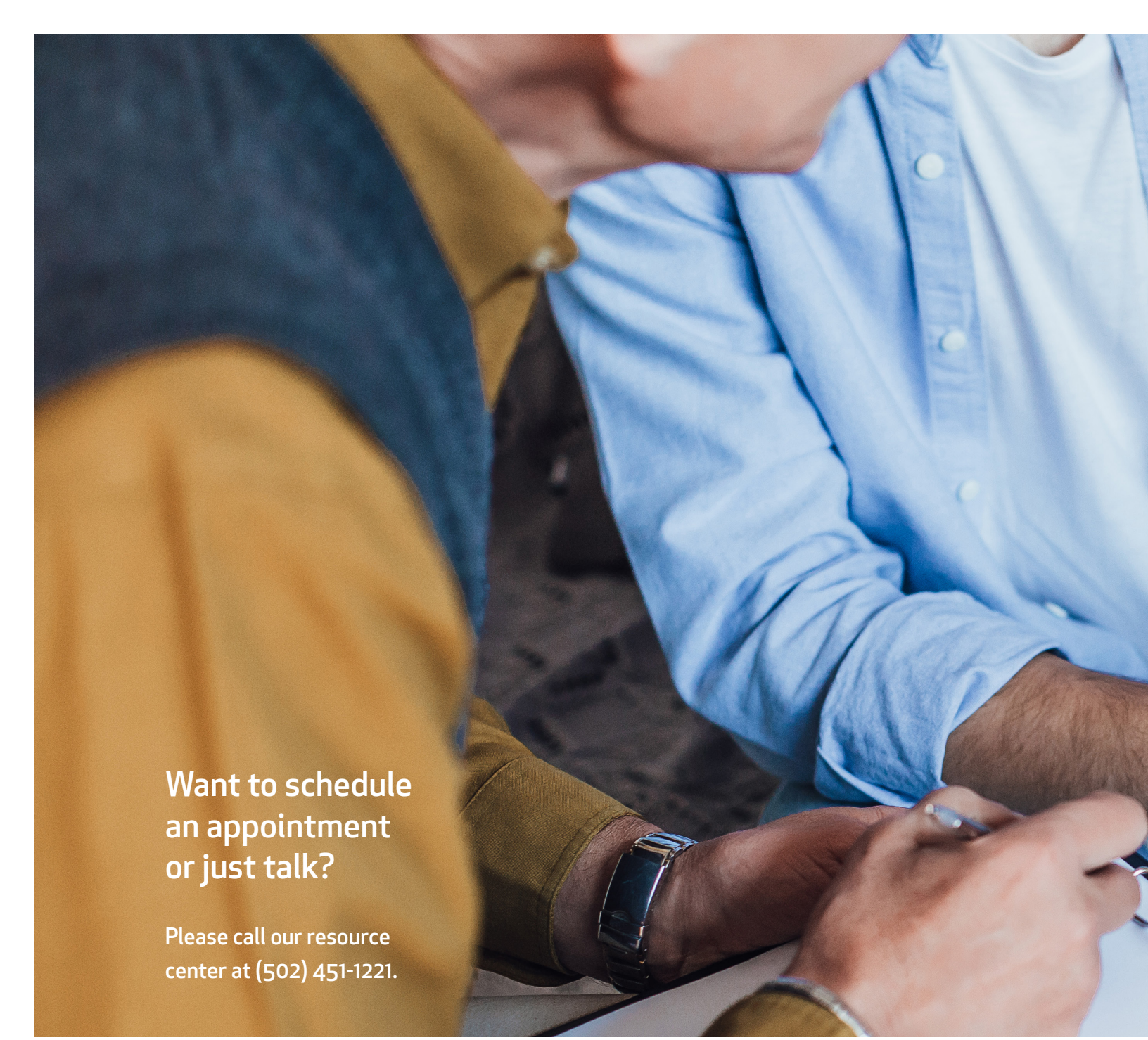
The Morton Center gave me the foundation and the tools to continue my recovery. My experience in therapy put a different perspective on my choices of the past. I continue to use the 12 step program every day and have a better self-image than I had 16 years ago.

-Marcia B.

See what our
alumni have to say.

At the Morton Center, I learned I am not alone in my disease, and there is a solution. They gave me hope. I use my "tool box full of the tools" they taught me to help deal with my alcoholism, and I am now living a life full of serenity and peace.

-Sally V.



Want to schedule
an appointment
or just talk?

Please call our resource
center at (502) 451-1221.

the
morton
center

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