



AUTISM, ADHD, SLD, AND MORE!

TWILIGHT PSYCHOLOGY IS A NEURO-AFFIRMING
CLINICAL PRACTICE PROVIDING SPECIALIZED,
EVIDENCE-BASED MENTAL HEALTH CARE ACROSS
KENTUCKY FOR INDIVIDUALS AGES 2 AND UP

OUR SERVICES

PSYCHOLOGICAL TESTING

AUTISM: HIGH-MASKING AND
PDA

ADHD & AUDHD

PSYCHOEDUCATIONAL:
LEARNING DISABILITY,
TWICE EXCEPTIONAL (2E)

DIAGNOSTIC CLARIFICATION

PSYCHOTHERAPY

THERAPEUTIC MODELS:
CBT, ACT & TRAUMA-
INFORMED CARE

NEURODIVERGENT
SUPPORT: BURNOUT,
MASKING &
DEMAND AVOIDANCE

MEDICATION MANAGEMENT

MEDICATION MANAGEMENT SPECIALIZED IN ADHD AND
AUTISM

INSURANCE AND SELF-PAY OPTIONS AVAILABLE

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