

What We Treat

Re-group Recovery Services provides evidence-based treatments for substance use disorders, trauma, life skills, and co-occurring disorders.

Levels of Care

Re-group offers outpatient and residential programs to assist our clients in achieving recovery. We offer services through telehealth for our clients who seek treatment from home and meet certain criteria.

Referrals and Admissions

We receive many clients who are self-referrals. We encourage and always welcome individuals interested in pursuing sobriety to call. You do not need a healthcare provider referral to start the recovery process.

Family members, physicians, clinicians, community agencies, and the judicial system are a few of Re-group's valued referral sources.

Take a step towards recovery. We are here to help you through the admissions process. Call us today for a free and confidential consultation.



CONTACT US

TO START YOUR RECOVERY JOURNEY
RE-GROUP RECOVERY SERVICES

606.547.4400

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re★group

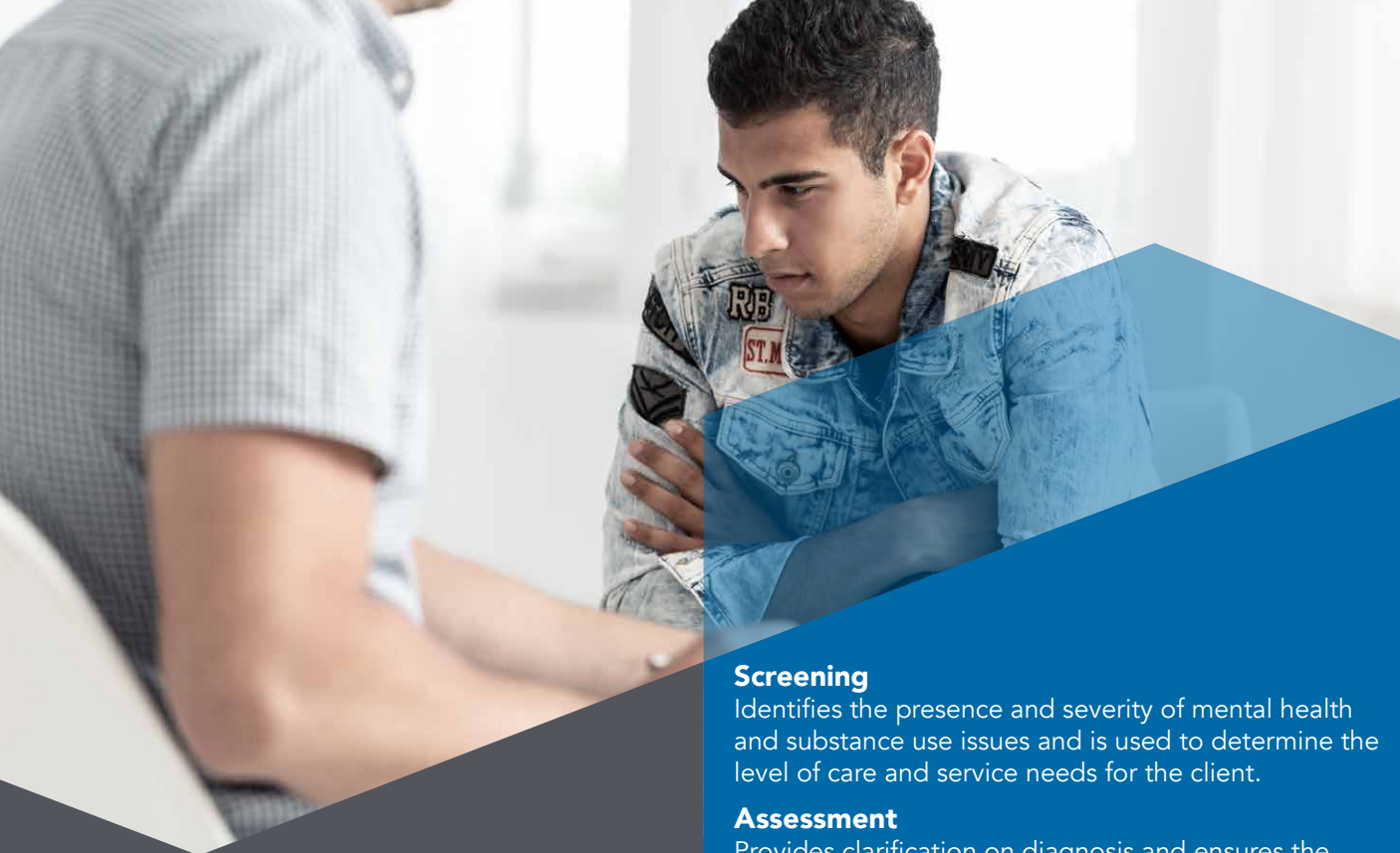
www.rameyestep.com

Ashland • Rush • Grayson • Crestview Hills

We accept Kentucky Medicaid Plans and most other major insurances.

Re-group
Recovery Services

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Our Re-group Recovery Team is dedicated to supporting our clients through their recovery journey. Re-group provides evidence-based treatments for substance use disorders, trauma, life skills, and co-occurring disorders. The program uses a trauma-informed and collaborative approach, combining family, community supports, and other providers to stabilize the clients' ongoing recovery.

Re-group offers a full continuum of recovery services.

Screening

Identifies the presence and severity of mental health and substance use issues and is used to determine the level of care and service needs for the client.

Assessment

Provides clarification on diagnosis and ensures the most effective treatment strategies and interventions are used.

Intensive Outpatient Program (IOP)

Assists clients in gaining knowledge and skills to achieve abstinence and maintain sobriety in a structured treatment environment that includes at least 9 hours of weekly group therapy, individual therapy, and family education.

Co-Occurring Intensive Outpatient Program

Combines mental health treatment with substance use treatment to achieve abstinence and maintain sobriety in a structured treatment environment that includes at least 9 hours of weekly group therapy, individual therapy, and family education.

Partial Hospitalization (PH)

Structured substance use treatment that includes at least 20 hours of weekly group therapy, individual therapy, and family education to assist clients in identifying high-risk situations, learning appropriate responses and coping skills, and identifying lifestyle choices that may increase vulnerability.

SUD Outpatient Therapy

Individual, group, and family therapy services that are provided by licensed clinicians.

Peer Support Services

Focuses on socialization, recovery, self-advocacy, preservation, and enhancement of living skills for the client by using relevant personal stories and lived experiences provided by Kentucky-certified peer support specialists.

Targeted Case Management (TCM)

Assists clients in accessing needed medical, social, educational, and other services and resources.

Residential Program for Men & Women

An intense, structured program that offers more than 20 hours per week of individual, group, and family therapy combined with peer support services. Focused on substance use treatment and recovery by addressing stressors that could lead to relapses, such as co-occurring mental health issues, trauma, parenting, basic life skills, ongoing support networks, vocational and educational barriers, anger management, and budgeting.

Certified DUI Program

Court-mandated assessment, education, and treatment for individuals convicted of a DUI.

