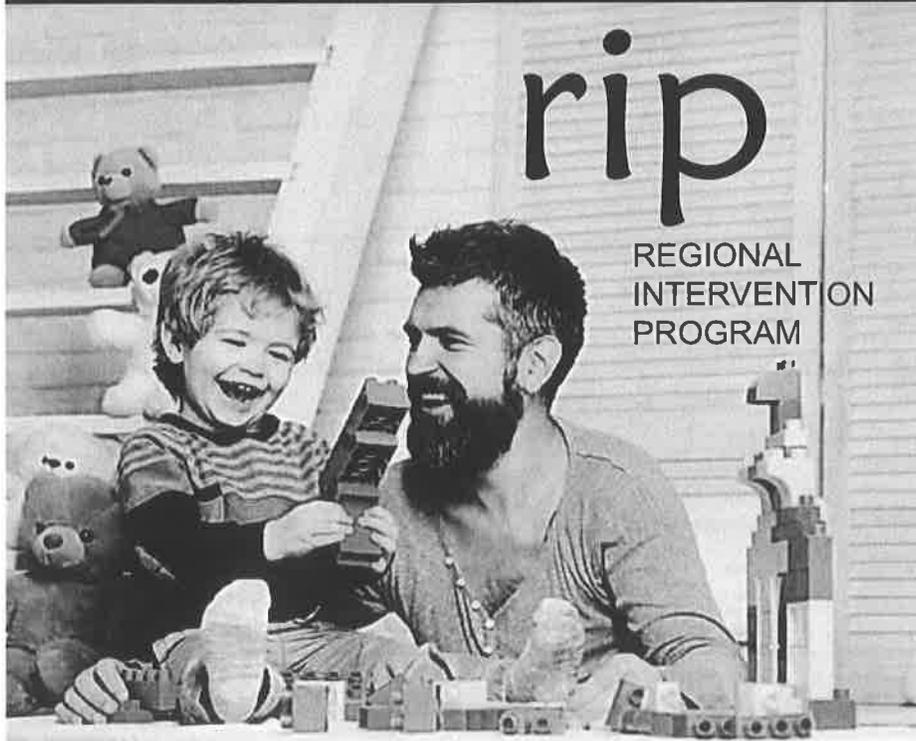


# RIP

## Regional Intervention Program



### Parents Helping Parents Helping Children

The Regional Intervention Program (RIP) is a parent-implemented, professionally-supported program for young children and their families who are experiencing challenging behaviors. RIP has been serving families with young children since 1969. This unique, internationally recognized program guides parents in learning the skills to work directly with their own children while they receive training and support from experienced RIP families. RIP serves families with children ages 2 up to 6 years old at the time services are requested.

*"When we didn't know what to do next, RIP gave us a plan, a guide. Not only has RIP helped us now, but it's given [us] a grasp on strategies our family needs for life."*

- RIP Parent/Graduate



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Where People Are Important

## Why Come to Regional Intervention Program?

Behaviors seen at RIP can range from mild to severe and may include behaviors such as defiance, separation anxiety, aggression towards others, tantrums, not following instructions, or others.

## How Does Regional Intervention Program Work?

Typically, families who come to RIP can expect 6-9 months to complete both phases of the program. From the first day of RIP, in Phase 1, families work toward specific goals with RIP Case Managers as they learn and practice strategies in the RIP classrooms and at home. Because RIP is a parent-implemented program, there are a variety of opportunities to connect with other parents and continue to practice skills during Phase 2.

## What Do Services Cost?

The Regional Intervention Program is funded by the Tennessee Department of Mental Health and Substance Abuse Services, therefore services are offered free of charge to families. During the second phase of treatment parents “payback” by assisting in helping other parents in helping their children.

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To arrange an appointment, please contact one of our locations listed below. *No referral is required.*

### Holston C&Y Services

2001 Stonebrook Place • Kingsport, Tennessee 37660  
Phone: 423-224-1020

### Johnson City RIP

106 W. Watauga Ave • Johnson City, Tennessee 37604  
Phone: 423-232-4211

**For more information, please visit:**  
**[www.tn.gov/parenting-that-works](http://www.tn.gov/parenting-that-works)**  
**[www.frontierhealth.org](http://www.frontierhealth.org)**

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