

# Adult Outpatient Services

**In-Person and Telehealth Options Available**



At UofL Health – Peace Hospital, we offer programs that are designed to provide the best recovery options for adults 18 years or older. Our programs provide an integrated approach to treatment – addressing mental health and substance use disorders.

## **Adult Partial Hospitalization Program (PHP)**

Program Hours: Monday - Friday 9 a.m. - 1 p.m. or  
Noon - 4 p.m.

## **Adult Intensive Outpatient Program (IOP)**

Program Hours: Monday - Friday 9 a.m. - Noon  
Monday - Thursday 1 - 4 p.m.  
Monday - Thursday 5:30 - 8:30 p.m.

### ***Group Therapy Offered For:***

- Serious and Persistent Mental Illness (mornings only)
- Substance Use Disorders
- Psychiatric Disorders
- Co-Occurring Disorders
- Older Adult Concerns

## **Telehealth Adult Intensive Outpatient Program (Telehealth IOP)**

Program Hours: Monday - Friday 9 a.m. - Noon or  
Monday - Thursday 1 - 4 p.m.

- Substance Use Disorders
- Co-occurring Disorders
- Psychiatric Disorders

## Specialized Treatment Methods

- Motivational Interviewing
- Group Therapy
- Individual and Family Therapy available upon request
- Cognitive Behavioral Therapy
- Relapse Prevention
- 12-Step Facilitation
- Ability to initiate and continue medications for substance use disorders including Vivitrol, Suboxone and Sublocade
- Long-Acting Antipsychotic Medication Consideration

## Additional Benefits

- Transportation provided if resident of Jefferson County for morning and afternoon programs (Ask about transportation assistance options in surrounding counties)
- On-site vocational rehabilitation

## Meet Our Team of Experts

Peace Hospital's outpatient services provide a team of professionals from multiple disciplines. The treatment is supervised by a psychiatrist and/or psychiatric nurse practitioner and supported by staff that includes licensed clinical alcohol and drug counselors, licensed professional clinical counselors, licensed clinical social workers, registered nurses and art therapists.

**For a No-Charge Assessment, please contact our Assessment and Referral Center at 502-451-3333.**

### Peace Hospital Adult Outpatient Center

4414 Churchman Avenue  
Louisville, KY 40215  
**502-363-7900**

# Peace Hospital

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**UofL** Health