

What Mental Health Professionals Say About Our Program

"I refer many of my patients, from both EPS and my outpatient practice, to Wellspring's Crisis Stabilization Program. They provide a unique and essential service for many of our psychiatric patients."

- Rif S. El-Mallakh, MD

Wellspring's Crisis Stabilization Program provides quality care, using evidence-based practices. Treatment strategies are always coupled with kindness and compassion.

- Dr. Sajida Zubi Suleman, MD



What Our Clients Say About Our Program

"The staff is wonderful and very concerned for our well-being. This program is a huge blessing to the community. Thank you deeply."

"I had no hope when I came here. Now I have a positive attitude."

"I felt safe there... I would return in the future if I needed help again."

PO Box 1927
Louisville, KY 40201-1927
502-637-4361

Wellspring's Crisis Stabilization Program is recognized as an essential, effective component of our community's mental health system.

There are 16 beds between Wellspring's Two Crisis Stabilization Program Properties.



David J. Block Center



Samuel B. Todd Center

Wellspring serves individuals age 18 or older who are experiencing acute psychiatric distress but who are otherwise medically stable. All admissions are on a voluntary basis.

To refer someone to Wellspring's Crisis Stabilization Services, call:

502-561-1072



Crisis Stabilization Services

Person-Centered Psychiatric Services
for Adults with Symptoms of Acute Mental Illness



wellspringky.org

When adults experience a psychiatric crisis, Wellspring provides professional, intensive support in a warm, home-like setting designed to *avoid* hospitalization or other institutional environments.



Symptoms of Crisis May Include:



- Severe depression
- High levels of anxiety
- Hearing voices
- Mood swings
- Overwhelming stress
- Feelings of hopelessness
- Suicidal thoughts
- Racing thoughts



At Wellspring we have three primary goals when treating our clients.

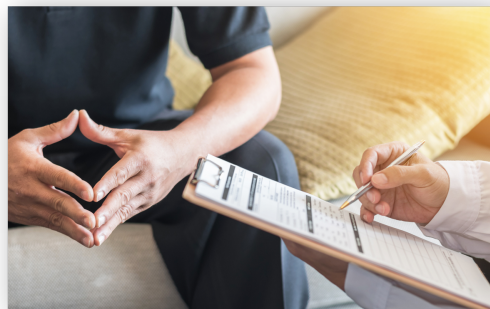
We want them to:

ACHIEVE PSYCHIATRIC STABILIZATION

AVOID UNNECESSARY HOSPITALIZATION

BE SATISFIED WITH OUR SERVICES

Wellspring's professional team is committed to providing compassionate, recovery-oriented, individualized care at our licensed, accredited crisis stabilization units.



Our Services:

- 24-hour Staff Support
- Person-Centered Planning
- Clinical Evaluation
- Psychiatric Services
- Medication Evaluation
- Art Therapy
- Peer Support Services
- Case Management



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Wellspring accepts Medicaid and most private insurance payments. For more information:

Wellspringky.org