



EMERALD
THERAPY CENTER, LLC.

Do you....

- Struggle with stress?*
- Want someone outside your circle to talk to?*
- Fight against depression, addiction or anxiety?*
- Breathe?*

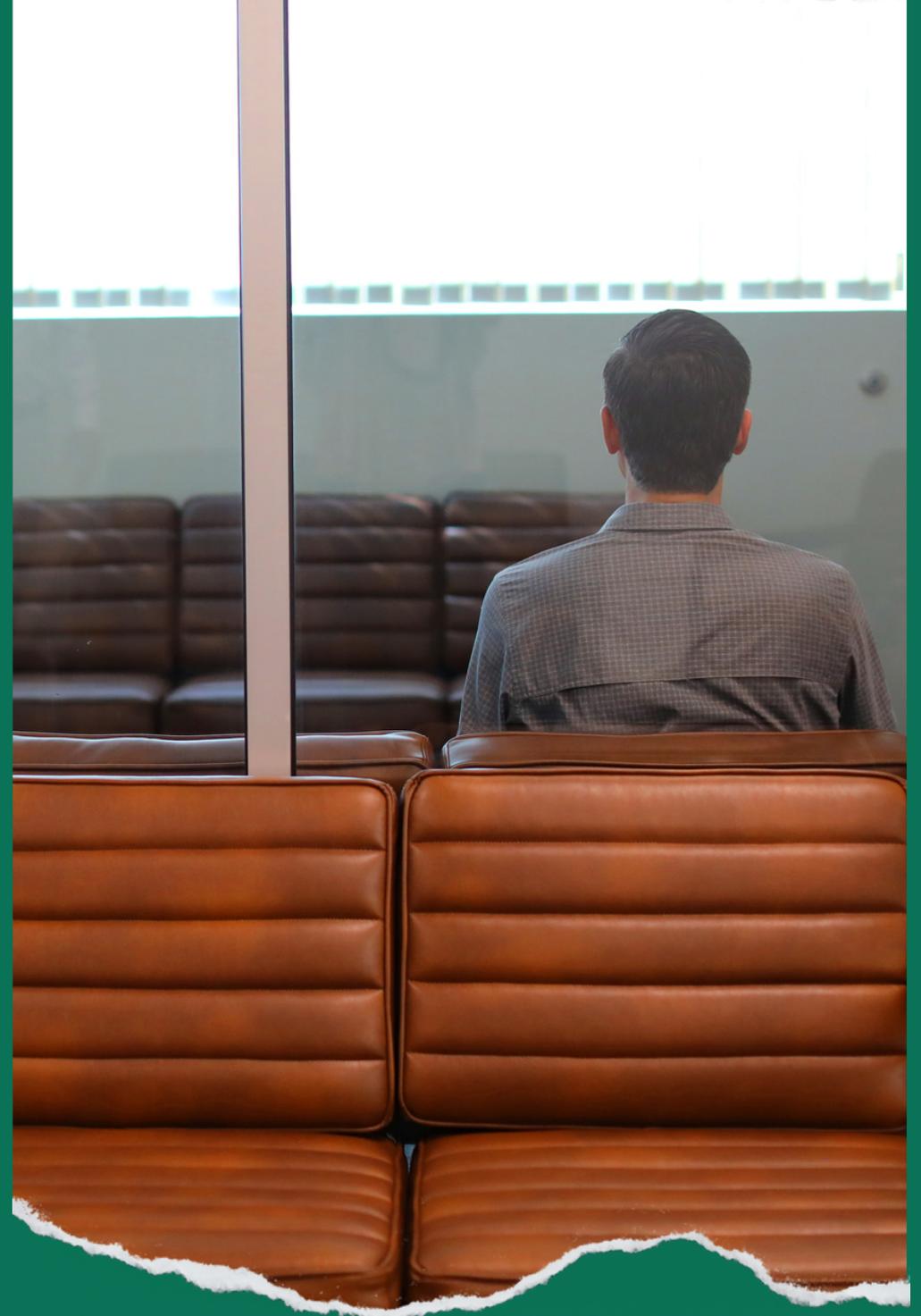
***Then we're here for
YOU!***



Emerald is absolutely amazing and the best outpatient facility for anyone with a mental illness in the Paducah area; and believe me we tried nearly all of them before we got to Emerald. They are compassionate, they really listen, they go above and beyond for their patients, and they actually know what they are talking about.

Best decision I ever made.

-Kinsey



A Holistic Approach to Your Mental Health

Call: 270-534-5128



You have access to a team of mental health professionals from licensed therapists to accountability groups to support staff. We believe in you, even when you may struggle to believe in yourself.

What can you expect?

At Emerald, you are in control of the therapy services you receive.

When you call or fill out our form online, we'll walk you through some details and then schedule your first appointment.

1st Appointment: This session is called an intake, a clinical service that helps launch the beginning of therapy by getting your history and establishing the best fit for a therapist and your therapy goals.

2nd Appointment: You'll work with a therapist to set goals for your time in therapy. They'll also introduce you to additional clinical and non-clinical resources that can assist you on your journey.

Your Best Days Are Ahead

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Specialties & Services:

Individual Therapy

EMDR

(TMS) Transcranial
Magnetic Stimulation

Medication Management

Targeted Case Management

Intensive Outpatient Programs for
Addiction & Behavioral Health

Domestic Violence Support Group

Group Therapy Options

Medication Assisted Treatment
for Addiction



***"Because of this program
I am sober today." - Tyler***



270-534-5128

emeraldtherapycenter.com

**6 Locations Across
Western Kentucky:**

Paducah, KY:

1640 McCracken Boulevard

2327 New Holt Road

5050-B Village Square Drive

2520 New Holt Rd

Murray, KY

111 Poplar Street, #104

Mayfield, KY

1019 Paducah Road – Suite C

*Emerald is a CARF accredited, BHSO and AODE
licensed facility for various levels of care.